

CRAIG DAVID LOUNSBROUGH, M.DIV., LPC

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THERAPIST BIOGRAPHY

Welcome to my practice. As we begin our therapy relationship, I will have the opportunity to learn about you. Therefore, it is important that you learn some essentials about me as we begin. If you have any questions about my training or professional credentials, please do not hesitate to ask them during our initial session.

Craig Lounsborough earned an Associate of Science Degree from Hocking Technical College, a Bachelor of Arts degree in Religion with an emphasis in Christian Education from Azusa Pacific University, and a Master of Divinity degree in Family Pastoral Care and Counseling from Fuller Theological Seminary. He is presently completing his Doctor of Ministry degree in Marriage and Family Counseling from Denver Seminary. Craig is a Licensed Professional Counselor in the State of Colorado, is a Certified Professional Life Coach and is ordained by the Evangelical Church Alliance.

Craig has over twenty-nine years of counseling experience with a wide range of patients in a variety of treatment settings. These have included providing counseling in two psychiatric hospitals, a residential and day treatment program, a facility for the mentally retarded and the physically handicapped, an outpatient clinic and a program for blind developmentally disabled patients. He has also provided counseling services in a variety of church and parachurch ministries.

Craig has a broad and unique base of experience counseling children and adolescents. Areas of emphasis with children include mood disorders, posttraumatic stress disorder, conduct disorder, attention deficit hyperactive disorder, schizophrenia and psychosis. Craig also has significant experience working with children and adolescents who have experienced developmental delays, varying degrees of trauma, various types of physical and/or sexual abuse, abandonment and/or neglect, dysfunctional family systems, as well as issues related to mental retardation and physical handicaps.

Craig also has a strong base of counseling experience working with adults in a variety of settings. Specialty areas include, depression, bipolar disorder, general mood disorders, posttraumatic stress disorder, borderline personality disorder, paranoid personality disorder, and attention deficit hyperactive disorder. He is also experienced in the areas of premarital, marital and family therapy. Craig also provides personal and professional life coaching and is a Certified Professional Life Coach.

In addition, Craig has over ten years experience in pastoral ministry. He has served as youth pastor, associate pastor and senior pastor in churches both in Colorado and California. In these positions he has also provided leadership in both state and national denominational ministries. Furthermore, he has published five books to date, has published numerous articles in various Christian publications, and he hosted a Christian radio ministry for two years. He is a member of the American Association of Christian Counselors and is an ordained minister.