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Taking a Stand – To Be Bold

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To be bold means that we’re willing to pay a price. And it is the issue of paying a price that causes most of us to stop dead in our tracks. Sure we appreciate the idea of chivalry and all of the many noble acts that we’ve seen in the lives of others. There’s something about having that “hill that we’re willing to die on,” and walking with a conviction that is admired by others. We all want to take a stand, but we all tend to pull away when we’re faced with the cost. There’s some sense that we’re made for taking stands, that deep within the most core place there’s a call to step up, step out and stand for something when no one else does. But we shy away from such a compelling calling for fear of the call itself. So, how do we remedy that debilitating fear?

List four thing in your life that you would like to take a stand on. Examples could be a social issue, a deep-seated belief, a sense that you would like to change something, a passion to better some area of life, rectifying an injustice of some sort, raising awareness of some issue, etc.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

To what degree do you feel you could actually make a change if you were to take a stand?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

To what degree has fear been a factor in your unwillingness or inability to take a stand?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

To what degree has the fear of rejection or ridicule kept you from taking a stand?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

What observations can you make regarding your answers on these three scales?

Based on your observations, what are three things you can do to position yourself so that you are better able to take a stand on the issues you outlined above?

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_