Craig D. Lounsbrough, M.Div. LPC

Futility – The By-Product of an Unexamined Life

Licensed Professional Counselor

Certified Professional Life Coach

Too often we’re just going through the motions. Life is constantly coming at us with demands both large and small. There’s always the next thing, and right behind that there’s something else already hot on its heels. And not far behind that, there’s something else well on its way. Such is the incessant nature of life that we become absorbed in just dealing with the day-in and day-out stuff. In such a crazed existence, our lifetime goal becomes solving what’s in front of that so we can solve what’s behind that. Such a perpetual cycle causes us to lose sight of a larger goal that drives the whole of our lives rather than being dictated by the *tyranny of the urgent*. And we end up leading unexamined lives.

Our Mission Statement is a short statement that outlines and tightly encapsulates the *purpose of our existence* or what we perceive as our *calling in life*. In three lines or less, what is your Mission Statement?

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How difficult was it for you to write out your Mission Statement?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

How satisfied are you with your Mission Statement?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

To what degree do you feel you’re fulfilling your Mission Statement?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

1. What three conclusions can I draw from what I see on the graphs above?
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Based on those conclusions, what three things can I begin to do right now?
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_